



Heartlinks Highlights Video

Watch Video

#### MTP - Heartlinks Highlights - Happy 10th Anniversary Mother Teresa **Primary Westmead**

Last Saturday was the Feast Day of Mother Teresa. As a school we celebrated via an online liturgy which was shared with the school on Monday. Today we are very proud to share a short video which celebrates the 10 Year story of Mother Teresa Primary. This video was shown to the children on Monday as part of our feast day celebrations. I would like to thank the CEDP and the Learning Exchange for their support in compiling this video to mark 10 years of Catholic Education at Mother Teresa Primary.

#### Feast of Mother Teresa

This week I would like to share with all in our community a prayer which was shared with me by the Principal of Parramatta Marist High, Mr Mark Pauschmann from Marist Mission, in honour of Mother Teresa.

#### You and I have been created for greater things.

We have not been created to just pass through this life without aim. And that greater aim is to love and be loved.

Give yourself fully to God, who will use you to accomplish great things on the condition that you believe much more in his love than in your weakness. Never think that a small action done to your neighbour is not worth much. It is not how much we do that is pleasing to God, but how much love we put into the doing.

Mother Teresa

saint **IOTHER** 

Agnes Bajaxhiu was a young girl who believed that God would use her to accomplish great things. On September 4 2016 Pope Francis canonised Agnes - Saint Mother Teresa of Calcutta. Mary Our Good Mother, pray for us St Teresa of Calcutta, pray for us St Marcellin Champagnat, pray for us.



"Everybody should see kindness in your face, in your eyes, in your smile, in your warm greeting."

St Teresa of Kolkata

### **Important Dates:**

- Thursday, 24th September Last day Term 3
- Friday, 25th September Staff Development Day No students
- Monday, 12th October First day Term 4 Summer Uniform



"In purchasing your child's tuckshop order online through Welcomeasy, you are contracting directly with the supplier. You are responsible for checking that the ingredients of what you order are not incompatible with your child's sensitivities or health issues. Please ensure you check the disclaimers in the supplier's website. If in doubt you should contact the supplier."

#### Congratulations MTP artists!



To mark the feast of Mother Teresa, the MTP students were invited to create an image of Mother Teresa, including one of her quotes or images of compassion for display in our parent foyer. We were delighted with the submissions and had great difficulty in selecting 12 entries which we felt reflected the love and compassion of Mother Teresa. Congratulations to the 12 students whose artwork is on display in the foyer. There were so many entries we needed to expand our display to additional space in the parent foyer and in the windows at the entrance of the school.

<u>Year 6</u>	<u>Year 5</u>	<u>Year 4</u>	<u>Year 3</u>	<u>Year 1</u>	Kindergarten
Anyka	Evie	Anabella	Isaac	Mia	Grace S
Elyse		Max	Elena	Yolanda	
Yashica			Summer		

#### Dr Justin Coulson - MTP School and Family subscription

Dr Justin Coulson is a psychologist and parenting expert. Many of our families are aware that Dr Justin Coulson has worked with our school community in the past couple of years, running parent workshops and also workshops for our Year 5 and 6 students on wellbeing. I am very happy to say that Justin will be working with our school in a new capacity in the coming year. We have a school subscription to Justin's Happy Families wellbeing program. Our school subscription includes automatic access for every family in our school to the 'Happy Families Parent' membership. The membership will provide resources and online workshops for parents, students and staff. More information will be shared soon about accessing this excellent resource - I would like to thank Justin for sharing his time and expertise with our MTP community; we have really enjoyed learning from him in the past and look forward to our future learning as well.

#### R U OK? - School Counsellor support - CEDP schools

Our families and students are constantly faced with a world of conflict and uncertainty. Whilst our faith guides and comforts us, there can be issues faced by our students, like misuse of social media which may impact on their wellbeing and mental health. Our school, as part of the Catholic Education Diocese of Parramatta, has an allocated Counsellor, Mary Joy, who works with students and teachers at Mother Teresa each week. As an attachment to the newsletter this week, please find a flyer with some information of a generic nature about the role of Counsellors in CEDP schools. If you would like any further information about this support service, please do not hesitate to contact me through the school office 8841 2600 or motherteresa@parra.catholic.edu.au

Families can also access help and support for issues to do with **mental health** and **wellbeing** through the following specialist services:

Kids Helpline Headspace Beyond Blue

#### Draft new RE Curriculum

Today all families would have received a letter from Very Rev Christopher de Souza, Episcopal Vicar for Education in the Diocese of Parramatta. In this letter he further explains the draft new Religious Education curriculum which our school has been involved in trialing for the past two years. Mrs Boyd and myself have run parent information workshops about the new curriculum to Religious Education in previous years and have planned professional learning sessions for teachers with theologian, Dr Anthony Maher over the past few years. As always, I welcome any questions and I can be contacted through the school office on 8841 2600 or motherteresa@parra.catholic.edu.au



#### Feast Day

On Monday we celebrated the Feast of Saint Teresa of Kolkata - Our Patron Saint. Our school gate was festooned with the red, white and blue of our wonderful school to announce this very special celebration - Mother Teresa our spiritual hero and celebrating 10 years of Catholic education at Mother Teresa Primary, where everyday we learn that love begins with a smile and that together we can do something beautiful for God.

The fruit of silence is prayer. The fruit of prayer is faith. The fruit of faith is love. The fruit of love is service.

The fruit of service is peace. Saint Teresa of Kolkata, Pray for us.

#### Changed Procedures and Protocols due to COVID19 continue in Term 3

The following guidelines will remain in place for the remainder of Term 3. I thank parents and carers for your ongoing support and for the smooth transition to the new collection at the gate procedure which began this week:

- The gates will open at 2.30pm each day for parents to collect their children teachers will send down the students nominated by parents as requesting early collection to the area near the school office. Staff will supervise the dismissal of students to parents and carers. All remaining students will be collected via the normal 2.45pm Kiss and Drop arrangement.
- If you would like your child to continue to bring in their own pencil case they may do so however we will have school equipment available in each learning studio.
- We continue to encourage social distancing, particularly between adults, wherever possible <u>PLEASE remember to</u> remain 1.5 metres apart from adults, including our staff, when dropping off and picking up your child.
- We will continue to strongly encourage all students to wash their hands with soap and water before eating and after playing.
- We encourage the children to cover their face with their elbow if they cough or sneeze and to avoid touching their faces.
- If your child is sick, particularly if they have a fever, sore throat or cough, please do not send them to school.
- We will continue to ask students to bring their own water bottle each day with their name clearly labelled.
- We will continue to engage in additional cleaning of student desks each day.
- It is the responsibility of all of us to <u>strictly follow Government directives</u> about who needs to be tested and who needs to self-isolate.
- NSW Health have established a <u>website</u> to inform the community of actions they should take if they have been in a location where there has been confirmed cases of COVID-19 within NSW. It is important that parents, staff and students comply with public health advice which includes the requirement to self-isolate for the required period if they have been at any of the locations published on this website on the specified dates and times.

#### Staff Development Day - Friday 25th September - Pupil Free Day

This term, our last day for students will be Thursday, 24th September. On Friday, 25th September our staff will be working with Fr Walter on developing a deep knowledge of the Sacraments and also be spending time on our own spiritual formation.

#### Defibrillator available in the MTP School Office

Last year, our staff received training in the use of a defibrillator. Our school has a defibrillator and in the event that one is required, it is kept in our school administration office. All CEDP (Catholic Education Diocese of Parramatta) schools now have a defibrillator.

#### School Uniform

As the weather can be unseasonal at this time of year, students are permitted to wear either their summer or winter uniform for the last 2 weeks of Term 3. Students will return in Term 4 wearing their full summer uniform from Monday, 12th October. If families require uniforms, you need to purchase them directly from OZ Fashions, 115-127 Parramatta Road, Granville.

#### Important Dates:

- Last day of term 3—Thursday, 24th September
- Staff Development Day (no students)—Friday, 25th September
- First day of Term 4—Monday, 12th October

#### WHS - Safety for all at Mother Teresa Primary

- Please maintain social distancing at all times and do not congregate around the school gate or in the parent foyer at school.
- <u>Please do</u> hold your child's hand when walking across the road and until they enter the vehicle when your car is parked safely in the visitor car park.
- Please <u>drive to the speed limit</u> at all times, especially when on the school site to ensure the safety of all members of the Westmead Catholic Community
- Please do not stop on top of the pedestrian crossing and let your children out please wait until you have moved to a bay in the Kiss and Drop zone.
- Please do not stop on the **red zone** as you approach Kiss and Drop area.

## Catherine McAuley Westmead Enrolling Now for Year 7 2022



Contact the school on 9849 9100 or visit our website for an enrolment pack. Applications close end of March 2021. For enrolment criteria please refer to our school website.

Tours of the school campus will be held in Term 4 - Tuesday 10th November & Friday 4th December 2020.

Catherine McAuley, 2 Darcy Road, Westmead | www.mcauley.nsw.edu.au



Catherine Mc Aulev



### Other Services and Information:

www.catholiccare.org www.kidshelpline.com.au www.lifeline.org.au www.headspace.org.au www.beyondblue.org.au www.blackdoginstitute.org.au www.thebutterflyfoundation.org.au www.esafety.gov.au



www.parra.catholic.edu.au

## SCHOOL COUNSELLING

Catholic Education Diocese of Parramatta Service



"Catholic Education Diocese of Parramatta is committed to providing child safe communities that recognise and uphold the dignity and rights of all children and young people."





The wellbeing of the children and young people in the Catholic Education Diocese of Parramatta (CEDP) is of paramount importance. As a faith community, we know that every child deserves to be safe, known and cared for. As such, a school counselling service is available in all CEDP schools. The counsellors are a key part of our whole school pastoral care and wellbeing approach. Counsellors work with students, families and school staff to assist in the emotional and psychological wellbeing of students within the school community.

# Partnering with the School

Keep the school informed of important changes that are affecting your child and your family that may impact upon your child at school.

Provide the school with relevant information pertaining to your child's social, emotional and psychological wellbeing.

Work collaboratively with the school to ensure the proper supports and care of your child are provided within the context of the school environment.

Understand that the wellbeing counsellor is a mandatory reporter and must notify Department of Communities & Justice of concerns relating to the safety, welfare or wellbeing of the child or young person.

### How does the School Counselling Service Work?

Requests to see the wellbeing counsellor can be made by a parent\*, student or school staff.

Students aged 14 years and under will need parental consent.

Counselling may include\*\*:

- Individual student counselling
- Group programs that promote social and emotional learning, resilience and good mental health
- Assistance with attendance, transition or re-entry of students back to school
- Referral to other diocesan services or community based agencies or specialists
- Liaison with parents in regards to their child's wellbeing
- Consultation with staff for the purposes of supporting your child at school
- Professional learning of staff in relation to the wellbeing of students
- Facilitation of parent education programs

An important Note about Confidentiality - wellbeing counsellors are bound by law to maintain client confidentiality when collecting, recording, storing, disseminating, and disposing of information. Students and parents will be made aware of the limits of confidentiality before counselling begins.

\* Parent, guardian or caregiver

\*\*CEDP counselling service does not act as the primary clinician for students with serious mental health issues, requiring provision of specialist clinical counselling (eg sexual assault counselling), involvement in family law matters, discipline of students, counselling outside of school hours or premises.

