



## 90 Seconds with the

[Watch Video](#)

### 90 Seconds with the students of MTP reflecting on our teachers!

In the 90 seconds with the Principal video this week we have a welcome back to all members of the Mother Teresa Community for 2019.

### A Great Start!

Last Thursday we welcomed back our Years 1 to Year 6 students who have had a great start to the year. I would like to thank the teachers who were in working at school during the holidays in the weeks leading up to last Thursday, to ensure teaching and learning was ready to go! Last Friday our new Kindergarten students began life at Mother Teresa Primary and we had a very smooth transition thanks to the help of our Year 6 Buddies who are helping them get used to life at 'big school'. In addition to our Kindergarten students we also had other new family members join Mother Teresa in other years; we would like to welcome you and are very happy we have the opportunity to work, learn and play together in the coming years.



### Welcome BBQ - Kindergarten and New Families to Mother Teresa Primary AND Kindergarten/New Families Parent Information Session

On the 27th February at 5pm we will hold our Welcome BBQ. All Kindergarten families and families in other years new to the school, are invited to join us and get to know each other as we work together in years to come. Following the BBQ at 6pm there will be another Kindergarten Parent Information Session and an additional session for new families. All families old and new are welcome to join us for the BBQ and we kindly request you return the slip (note to follow) indicating the numbers attending to help us with catering on the night.

### Parent and Carers Volunteers Forms

This week you would have received a letter informing you about opportunities throughout the year to volunteer in supporting the Mother Teresa community. It is always great to have parents and carers working with us to achieve our goals of creating a Christ centred, nurturing learning community. Thank you in anticipation of your support.

### Cuppa with the Principal - Parent Forum

Next Wednesday, 13th February at 8.35am parents and carers are warmly invited to join myself and Mrs Stennett for a 'cuppa with the Principal'. This is a great opportunity to get to know other parents in our community and to discuss some of the big and little ideas which help to make our school a great place to learn.

**8th February 2019**



*"There is someone who suffers in every family and in every human situation."*

**St Mother Teresa of Kolkata**

### Important Dates:

- **Monday, 11th February— Friday, 22nd February**  
Teacher Meet and Greet by Appointment
  - **Wednesday, 13th February**  
Cuppa with the Principal  
8:30am—9:30am
  - **Monday, 18th February**  
School Census Day  
If your child will be absent on this day, please provide a note on or before the absence.
  - **Wednesday, 27th February**  
Kindergarten and new families welcome BBQ  
5:00pm—6:00pm
- Information evening  
6:00pm—6:45pm

### Tuckshop-2-U

"In purchasing your child's tuckshop order online through Tuckshop2U, you are contracting directly with the supplier. You are responsible for checking that the ingredients of what you order are not incompatible with your child's sensitivities or health

## Meet and Greet

In the next two weeks you will have an opportunity to book in a time to come up and meet your child's new Learning Studio teacher for 2019. This is a great opportunity to tell your child's teacher all about their areas of strength and challenge. As always, if you would like an extended interview with your child's teacher please feel free to contact the school office and arrange a mutually convenient time to meet.

## School Times and Procedures

Just a friendly reminder to all families that school begins at 8.35am and that playground supervision begins at 8.05am. There is no supervision before 8.05am so we request that other arrangements be made if you need to drop your child at school before this time. We do have COSHC (Catholic out of School Hours Care) available on our site and you can contact the Mother Teresa COSHC manager on 0418 153 894.

## Hot Weather

As we are all well aware we are in a long hot summer that will hopefully come to an end very soon. As notified previously on our Skoolbag app, on extremely hot days our students remain inside during lunch time as our Learning Studios are air-conditioned. We also have the option for students to bring their lunches/water bottles inside on these days.

## School Uniform

It has been great to see all of our boys and girls return to school in 2019 wearing their school uniform with pride. Now that the holidays have ended and we return to normal school routines, we ask for your support in adhering to our school uniform dress code.

A few extra reminders include:

- All socks need to sit above the ankle bone
- Boys white shirts need to be tucked in
- Girls can wear ribbons that are the school colours in their hair for example, on sports days red, navy and white are acceptable and on full school uniform days white, navy and the same colour blue as the girls summer uniform are acceptable.
- Girls need to have their hair tied back every day and please no extreme haircuts for our boys

If you have any questions regarding our school uniform please contact the school. Please remember to label uniforms with your child's name, especially their hat and if you are interested in getting the school sunglasses for your child these are available for purchase at the school office.

Finally, there have been some queries around what colours socks students need to wear on sports days. All girls wear white sports socks that sit above the ankle bone and from 2019 all boys can also wear white sports socks (though navy socks are still acceptable) these must sit above the ankle bone.



### Put out into the Deep *Luke 5:1-11*

The message from this week's Gospel is very apt for the beginning of the school year. Jesus challenged his disciples to go out into the deep. It was only by taking the risk, stretching themselves, and trying something new that they were successful beyond their imagining. This is the message for us in our learning and in our everyday interactions. Let us break new ground and encourage our children to do the same. Be a risk taker, have faith and the rewards will be unexpected and amazing.

Maria Boyd REC

### Important Dates:

- 'Meet and Greet' Term 1, Weeks 3 and 4
- Kindergarten and New Families Welcome BBQ and Information Evening, Wednesday 27th February at 5pm
- 'Cuppa with the Principal' morning tea - Wednesday 13th February 8.35am

### WHS - Safety for all at Mother Teresa Primary

- As we all know, Mother Teresa Primary is a part of the Westmead Catholic Community and as such we use shared facilities. The visitor car park is open to all in the community if you wish to park your car and walk in for the morning drop off or the afternoon pick up. A small proportion of the staff car park is for the Mother Teresa staff, the majority belongs to the Catherine McAuley and Parramatta Marist schools. **PLEASE** do not drive in their facilities. On occasions, such as parent information evenings, the Principals of both High Schools allow us to open the boom gate and let parents park in any free spaces - if you see that the boom gate is open you are welcome to park in the staff car park, otherwise please do not park there. Our Police Liaison Officer, Constable Chris and other Police are often visiting the school and are aware the community is clear about these expectations.
- **The Red Zone** - thanks to the vast majority of parents/carers who have been really helpful in not stopping on the red zone, just in front of the pedestrian crossing approaching the Kiss and Drop area. This is for safety as young children crossing the road can be clearly seen on both driving lanes. We ask that you follow the speed limit and are aware there are many pedestrians using this shared space, including toddlers and younger siblings of our Mother Teresa students.





Parramatta/Holroyd  
Family Support Inc. presents

# Circle of Security Parenting



## When

2 hours per week for eight weeks

## Dates

Mondays, 18 Feb — 8 April 2019

## Time

10am – 12noon

## Where

Parramatta/Holroyd Family Support  
37 Collins St  
Pendle Hill

## Cost

Gold coin donation each week

Would you like to:

- Better understand your children's needs?
- Encourage your children to feel safe and secure?
- Feel more confident as a parent?

Circle of Security Parenting focuses on building secure relationships with children, and has implications for other close relationships in our lives.

Circle of Security Parenting provides a roadmap for parents to look beyond their child's behaviours and understand how to meet the underlying needs being expressed.

Using a combination of video clips and small group discussions, this group assists caregivers to become more attuned to their children's emotional needs and increases participants' understanding of children's behaviour. Learn more about how to identify your children's needs and promote secure attachment in your children!

**FREE childcare and  
transport\* available**

\*Transport only available in certain areas, and  
for families meeting specific criteria —  
please call for details

**Places are limited, so bookings are essential.**

**For enquiries or to book your place,  
call Wendy or Janis on 9636 8437  
and then complete and return the slip below.**

**AFTER BOOKING BY PHONE, PLEASE CUT OFF AND RETURN THIS SLIP A.S.A.P TO CONFIRM A PLACE**  
*(Post to Parramatta/Holroyd Family Support, 37 Collins St, Pendle Hill, NSW, 2145)*

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

HOME PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_

**Please tick the appropriate boxes**

☐ **YES, I would like to attend the "Circle of Security Parenting" group in Term 1, 2019.**

☐ **I would like childcare during the group**

- For how many children? \_\_\_\_\_

- What are their ages? \_\_\_\_\_

☐ **I do not require childcare during the group**



# Tuning in to Teens

Emotionally intelligent parenting  
for parents of 10-16 year olds



## When

2 hours per week for six weeks

## Dates

Wednesdays,  
6 March – 10 April, 2019

## Time

10am – 12noon

## Where

Parramatta/Holroyd Family Support  
37 Collins St, Pendle Hill

## Cost

A gold coin donation each week

**FREE childcare and  
transport\* available**

*\*Transport only available in certain  
areas, and for families meeting specific  
criteria — please call for details*

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

**Tuning in to Teens shows you how to  
help your teen develop *emotional intelligence*.**

Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations or peer pressure
- have greater success with making and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success —

Emotional intelligence may be a better predictor of academic  
and career success than IQ!

**Places are limited, so bookings are essential**

**To book, return the slip below.**

For enquiries, call

**Wendy or Robyn on 9636 8437.**

PLEASE CUT OFF AND RETURN A.S.A.P TO ENSURE A PLACE

(Post to Parramatta/Holroyd Family Support, 37 Collins St, Pendle Hill, NSW, 2145)

NAME(S) \_\_\_\_\_ EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

HOME PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_

**Please tick the appropriate boxes**

☐ YES, I would like to attend the "Tuning in to Teens" parenting group in Term 1, 2019.

☐ I would like childcare during the group

- For how many children? \_\_\_\_\_

- What are their ages? \_\_\_\_\_

☐ I do not require childcare during the group



